



# Incisional Sciences 101 Class: Manual Manipulation Techniques for Post-Plastic Surgery Care

Internal Use only: Course Code TU-ACC-0143

## Prerequisite:

None

## Description

This 1-day virtual Incisional Sciences Class is a comprehensive online course designed for bodywork and healthcare professionals seeking to enhance their skills in providing safe and effective care for clients with active open incisions following plastic surgery. This course equips professionals with the knowledge and techniques necessary to work with, prepare for, and properly care for clients immediately after surgery. This class includes education on complications, contraindications, reading a clients body, building a protocol for treatments Day 1-7 for clients, working with open wounds and active incisions, and biohazard disposal of hazardous materials.

## Objectives & Outcomes

1. **Understanding Post-Plastic Surgery Care:** Gain insights into the unique needs and considerations involved in caring for clients with active open incisions after plastic surgery, including the healing process, potential complications, and the importance of proper manual manipulation techniques.
2. **Safety Protocols and Precautions:** Learn essential safety protocols and precautions to ensure the well-being of clients during manual manipulation sessions, including infection control measures, wound assessment, and client communication.
3. **Manual Manipulation Techniques:** Master a range of manual manipulation techniques specifically tailored for use during Days 1-7 post-plastic surgery, including gentle massage, lymphatic drainage, scar mobilization, and tissue mobilization, while adhering to surgical site restrictions and precautions.

4. **Client Preparation and Education:** Develop strategies for effectively preparing clients for manual manipulation sessions, including pre-assessment, informed consent, and education on proper self-care techniques to promote healing and minimize discomfort.
5. **Managing Client Expectations:** Learn effective communication strategies for managing client expectations, addressing concerns, and providing reassurance throughout the healing process, fostering trust and confidence in the professional-client relationship.
6. **Documentation and Progress Monitoring:** Understand the importance of thorough documentation and progress monitoring in post-plastic surgery care, including assessment tools, tracking healing progress, and identifying signs of complications requiring medical attention.

### Who Should Attend:

This course is designed for professionals in the body altering aesthetics industry, including therapists, aestheticians, and healthcare practitioners involved in postoperative care and treatments. It's an invaluable opportunity to enhance your skills, ensuring the utmost comfort, safety, and effectiveness in providing postoperative therapies to your clientele.

Class Duration:	3 Hours
Body Altering Aesthetics CEUs:	3 CEUs
Delivery Format:	Virtual

### Instructor Information

**Tai Brown** | office hours: F 3p-5p | email: [excel@tosiuniversity.com](mailto:excel@tosiuniversity.com)

### Technology Required

None

### Course Syllabus

Module 1: Introduction to Incisional Drainage  
Module 2: Qualification Assessment  
Module 3: Provider Qualification  
Module 4: Preparing for Service  
Module 5: Performing the Service  
Module 6: Post-Service Care  
Module 7: Guidelines and Protocols  
Module 10: Q&A

## Assignment(s)

In class case study videos with real life postOperative client scenarios presented

## Class Policies

1. Attendees are expected to join the virtual class using the electronic device of their choice.
2. Participants should come prepared with any required materials, notebooks, and questions for the Q&A session.
3. Ensure a stable internet connection and have the necessary technology (computer, webcam, microphone) for seamless participation in the virtual class.
4. The class will run for 3 hours, and participants are expected to commit to the entire duration for a comprehensive understanding of the content.
5. Certificates of completion will not be awarded until after students have successfully completed the assessments and class evaluations.
6. Participants are encouraged to provide constructive feedback on the course content and delivery to enhance future learning experiences.
7. Assessments and evaluations are to be completed at the end of the course. Information provided during this course is copyright protected and should not be shared with any individuals outside of the enrolled student body.
8. This information may not be reappropriated for purposes other than client application.
9. Maintain a respectful and inclusive environment during class interactions and discussions, fostering a positive learning atmosphere.

## Assessment

Students will take a 25 question assessment at the end of their course to demonstrate an understanding of concepts and competencies.

## Evaluation

At the end of the course, students will complete an end-course evaluation of the class as well as the instructor. CEUs and certificates will be given after students complete both assessments and evaluations.

## Materials Provided

None

## Additional Resources

None