

TOSI University
“TOSI Arise Program”

Admissions Department of Educational Affairs



Our school is... different. Here, let us explain.

One of our school's mottos is: "**Launch where you are**". We believe in honoring growth where we are. Well, TOSI University was accredited from Taime Out Sculpting Institute, [home of the TOSI Method](#), and the original series of courses from "The TOSI Arise Program"-- a program that was created through innovation, need, passion, and best professional practices.

The genesis of our current journey lies in the renowned TOSI Arise Program, a groundbreaking initiative birthed by the Taime Out Sculpting Institute (TOSI). This program, hailed for its innovation and excellence, offered students specialized tracks in PostOp, Body Contouring, or Dual Enrollment, providing comprehensive education in body altering aesthetics. With a reach extending across 42 countries through a combination of online courses and in-person clinical labs, the TOSI Arise Program has empowered over 1500 healthcare students to excel in the burgeoning field of medical aesthetics.

As the demand for professional education in body altering aesthetics surged, TOSI recognized the need to evolve into a degree-granting institution. The TOSI Arise Program only allowed students to enroll who were already healthcare professionals or had a medical background in Nursing, Massage Therapy, Esthetics, Dermatology, PT/OT, or Phlebotomy. However, as the Body Altering Aesthetics industry began to evolve, the Institute wanted to be apart of this evolution and thought it was a bit regressive to limit the educational hopes and dreams of the Body Altering Aesthetic industry to medical professionals simply because they finished an already existing program.

It is a waste of time, money, and other resources to require a professional to go to another regulated industry as a gateway to Body Altering Aesthetics-- especially when those industries not only don't teach students what they need to know to be successful in the fields of Body Altering Aesthetics, but also because those regulatory industries and boards do not govern the treatments performed within the body altering aesthetic fields; it's out of scope of practice for every healthcare profession. But it was encouraged as "it taught the basics" and "it was the safe route and approach.

Taime Out Sculpting Institute wanted to continue to safely set the standards for education, regulation, and care for clients and professionals. Thus, the transition from the Taime Out Sculpting Institute to TOSI University began, marked by a rigorous pursuit of accreditation. This process began by researching exactly what students would need to have in a program to replace the requirement of applicants to attend and complete other regulated medical fields. In January 2024, the culmination of this endeavor was realized as TOSI University received its accreditation from the American Council of Body Altering Aesthetics, marking a pivotal moment in the journey towards academic legitimacy and autonomy.

However, transitioning from a specialized program at an Institute... to a comprehensive University entails meticulous planning and execution. TOSI University distinguishes itself from its predecessor through an expansive curriculum tailored to each educational track, awarding diplomas instead of certifications, fostering a culture of research and academic inquiry, and

providing enhanced teacher guidance and engagement. Embracing a pedagogical approach that emphasizes class projects, assignments, and immersive learning experiences, TOSI University endeavors to cultivate critical thinking and theoretical acumen among its students. Despite the accreditation milestone, the process of finalizing the Flagship Undergraduate, Graduate, & Doctoral programs at TOSI University encountered unforeseen delays, exacerbated by the challenges posed by the global pandemic. In response, TOSI University resolved to uphold its commitment to student education by continuing to offer the esteemed TOSI Arise Program during this transitional phase. This decision ensures continuity in serving the public and upholding educational standards until the merger is complete.

The journey towards integration and consolidation is ongoing, with the timeline for completion remaining indefinite. However, the dedication and patience exhibited by all stakeholders are deeply appreciated as we navigate this transformative period.

Looking ahead, as the Flagship programs at TOSI University reach fruition, a new chapter will unfold for alumni of the TOSI Arise Program. Through the introduction of the Alumni Accelerator, a hybrid course designed to bridge the educational disparities between the TOSI Arise Program and the accredited undergraduate degrees, alumni will have the opportunity to seamlessly transition into the enriched academic environment of TOSI University. The Alumni Accelerator aims to fill any educational gaps between the TOSI Arise and Flagship programs, ensuring that alumni are equipped with the requisite knowledge and skills to thrive in the evolving landscape of body altering aesthetics.

In conclusion, the TOSI Arise Program stands as a testament to innovation and excellence, laying the foundation for the transformative journey towards academic legitimacy and comprehensive education at TOSI University. As we forge ahead, guided by a shared commitment to excellence and learning, we remain steadfast in our mission to empower students and advance the field of body altering aesthetics.

(NOTE: TOSI Arise Students are not required to take the Alumni Accelerator)

The TOSI Arise Program

What is the TOSI Arise Program?

The **TOSI Arise Program** is the original Taimé Out Sculpting Institute Educational Tracks.

Educational Tracks of the TOSI Arise Program:

- Intro to PostOp-Indur
- Intro to Body Contouring

The TOSI Arise Program stands as the cornerstone of excellence in the Body Altering Aesthetics Industry, offering students a comprehensive educational journey towards realizing their potential. Rooted in a commitment to nurturing greatness, this program equips students with a robust foundation encompassing theory, psychological insights, hygiene and sanitation protocols, trauma remodeling techniques, system variance understanding, critical thinking skills, and core competencies essential for exemplary client care along the continuum of body altering aesthetics.

Structured into four main components, the program unfolds as follows:

1. **Lymphatic Massage Course:** One of the most important components designed into the TOSI Arise Program, this course was added in 2022 to elucidate the nuances of the lymphatic system as it pertains to the short-term convalescent period following plastic surgery. Unlike conventional lymphatic courses, which often focus on the system's healthy or diseased states, this course delves into the specific presentation of the lymphatic system post-surgery. Students acquire specialized knowledge and fundamental techniques for promoting optimal recovery and healing.
2. **Didactic Lecture:** This segment offers students the opportunity to engage with a comprehensive array of didactic lectures tailored to their interests and professional aspirations. Covering a diverse range of topics, these lectures delve deep into industry-specific concepts, methodologies, and best practices, fostering a nuanced understanding of the multifaceted landscape of body altering aesthetics.
3. **In-Person Hands-On Clinical Lab:** A hands-on immersive experience, the clinical lab component provides students with the practical skills and expertise necessary for executing techniques with precision and proficiency. Whether at a satellite or hub location or through an online immersion program designed for international students, participants gain invaluable practical insights under the guidance of seasoned industry professionals.

4. **Hand Technique Database:** Access to an extensive repository of hand techniques and client care methodologies forms the cornerstone of this segment. Students leverage this resource to refine their skills, master client care techniques, and cultivate a comprehensive understanding of the intricacies of body altering aesthetics.

Moreover, students have the option to augment their learning experience by availing themselves of the complete Business Academy Library, further enriching their knowledge base and entrepreneurial acumen.

Characterized by its predominantly virtual delivery format, the TOSI Arise Program offers a rigorous 45-hour online curriculum designed to challenge and reward students. Going beyond the rudimentary details offered by conventional programs, this curriculum prioritizes depth and insight, empowering students to navigate the complexities of the industry with confidence and proficiency.

Students enrolled in the TOSI Arise Program gain unparalleled access to trademarked techniques and treatments, alongside comprehensive guidance on treatment planning, client protocol development, and ethical considerations. With a focus on client-centric care and professionalism, students emerge equipped to excel in their respective fields.

Upon successful completion of the program, students earn Foundational Certificates, which not only serve as a testament to their expertise but also pave the way for Board Certification applications with the CSL Therapy Organization from the American Council of Body Altering Aesthetics. Additionally, graduates are eligible to sit for the National Exam through the NBAA Competency Program, further solidifying their credentials and professional standing.

The program's flexible structure allows students to progress at their own pace, with remote access ensuring convenience and accessibility. Furthermore, students benefit from lifetime access to course materials and updates, ensuring their ongoing professional development and alignment with industry advancements.

In essence, the TOSI Arise Program exemplifies a commitment to excellence and innovation, offering students a transformative educational journey grounded in knowledge, skill, and ethical practice.