



TOSI University Academic Course Catalog

2024 school year

Admissions Department of Educational Affairs



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About TOSI University

TOSI University, celebrated for its post-operative care and scientific research, is defined by its vibrant, close-knit community that fosters innovation and leadership. It's a place where education transcends traditional boundaries, nurturing the next generation of experts in a collaborative and diverse environment.

Future Graduates,

As you envision your academic future, dare to embark on a truly transformative journey at TOSI University of Science and Technology. Our institution stands tall, rising from the innovative legacy of the Taime Out Sculpting Institute (TOSI).

Originally conceived as the Signature program at Taime Out Sculpting Institute, TOSI laid the groundwork for innovation in the body altering aesthetics industry. Over the last five years, our pioneering initiative, **The TOSI Method**, has revolutionized trauma remodeling through a biomechanics approach. With a commitment to excellence, we've empowered over 1500 students from 42 countries and gained accreditation in 12 nations.

As the body altering aesthetics industry rapidly expanded, so did our responsibility to meet the evolving needs of our alumni and industry stakeholders. Recognizing the demand for heightened support, specialized classes, mentorship, and broader public awareness of our graduates' unique skill sets, TOSI initiated a rigorous accreditation process.

This transformative journey culminated in the evolution of Taime Out Sculpting Institute, into TOSI University of Science and Technology. Our dedication to fostering a culture of academic excellence has led us to offer degree-bearing programs that bridge the gaps in surgical care, stimulate research, and elevate standards within healthcare fields.

At TOSI University, you'll benefit from enhanced educational programs, administrative support, and published studies within the American healthcare system. Our institution stands out for its unwavering commitment to precision, safety, and standardization, ensuring that our graduates emerge not only as highly skilled professionals but also as much sought after compassionate caregivers. Here, the impact of our TOSI University alumni reverberates across the medical landscape. They are not just graduates; they are preferred over any other surgical education institute among Board of Physicians, Surgery Teams, private practice inclusions, and sought-after speakers at professional conferences.

The TOSI Method, once the hallmark of TOSI, now serves as the cornerstone of education at TOSI University of Science and Technology. As we continue to lead the standard of care in the body altering aesthetics industry, we invite you to join us in shaping the future of this dynamic field.

Come, be part of a community where innovation meets compassion, and where your journey to excellence begins. Excellence is our commitment to you.

Welcome to TOSI University of Science and Technology.

Our Mission:

TOSI's mission is to standardize postoperative care practices through accredited education, ensuring the delivery of the most effective and intelligent methodologies. We are committed to cultivating exceptional providers who set the benchmark for excellence in postoperative care.

Our Vision:

Our vision at TOSI is to be the foremost authority in postoperative care, transforming the field through unparalleled educational standards and pioneering the future of patient recovery and care excellence.

Scholar Programs

Our school is... different. Here, let us explain.

One of our school's mottos is: “**Launch where you are**”. We believe in honoring growth where we are. Well, TOSI University was accredited from Taime Out Sculpting Institute, a program that was created through innovation, need, passion, and best professional practices. This is the program that got us here to this very moment. However, the program was accredited for what we will be creating-- a curriculum that will completely replace the ended for students to attend any other medical or healthcare regulated industry to launch their Body Altering Aesthetics careers.

But to get to that point, A LOT of courses have to be written. The entire program that you will have access to (*the TOSI Arise Program*) until we complete this educational overhaul still has to be laid out. TOSI University offers a hybrid education to bridge the gaps of client and professional care, to provide the general public with better medicine. Our hybrid program consists of three keystone fundamental academia:

1. Original Taime Out Sculpting Institute Educational Tracks: **TOSI Arise Program**
2. Signature Program: **Alumni Accelerator**
3. **Flagship programs**

Once the educational overhaul is complete, students who have previously completed the TOSI Arise Program will be able to apply for their Undergraduate Degree through the Signature Alumni Accelerator Program. (NOTE: this is not a requirement)

The TOSI Arise Program

What is the TOSI Arise Program?

The **TOSI Arise Program** is the original Taime Out Sculpting Institute Educational Tracks. The TOSI Arise Program where students learn how to RISE to their greatness is the foundational courses for the Body Altering Aesthetics Industry. These courses teach students theory, psychology of the industry, hygiene and sanitation, trauma remodeling, system variance, critical thinking, and core skill sets to properly care for clients along their body altering aesthetics continuums. They are broken into 4 main parts:

1. Lymphatic Massage Course
2. Didactic Lecture
3. In-Person hands-on Clinical Lab
4. Hand Technique Database

Students also have the option of adding on the complete Business Academy Library.

The TOSI Arise Program is predominately offered online with an intensive 40 hr online program that is challenging but rewarding. It goes past the basic details offered through most courses at

other schools or programs. Students learn how to perform trademarked techniques, what to do and when NOT to offer treatments to clients, and how to confidently plan out client treatment plans and protocols based around 4 key factors: the client's goals, previous trauma, what the professional is able to provide, and how the client's body is presenting *that day in real time*. Students learn trademarked "Body Braille" and have access to over 300 techniques from the TOSI Hand Technique database. These programs yield Foundational Certificates that can be used for Board Certification applications with CSL Therapy Organization from the American Council of Body Altering Aesthetics and qualifies students to sit for the National Exam through the NBAA Competency Program. Students take classes at their own pace. They are able to log in to class at any time remotely. They have forever access to the courses and programs. Any updates that are made to these courses within the TOSI Arise Program after a student has enrolled-- students receive free of charge and are grandfathered in to these new changes.

Signature Program: Alumni Accelerator

What is The Alumni Accelerated Undergraduate Degree Program?

The **TOSI University Alumni Accelerated Undergraduate Degree Program** is a 16 week program that teaches abbreviated supplemental differential courses from TOSI University's Flagship Program. It is available only to students who were enrolled and successfully completed the one [or both] of Original Taime Out Sculpting Institute Educational Tracks.

(NOTE: The Alumni Accelerated Program is for POI & BC only; it does not include Incisional. It also does not include Externships. Signature Alumni may pay for Flagship Externships out of pocket; this only applies to Signature Alumni.)

Our honor and promise to Taime Out Sculpting Institute students has always been that "the program will grow with you, for you, and because of you". As the Body Altering Aesthetics industry has grown, so too did our programs.

TOSI University [formerly Taime Out Sculpting Institute] received accreditation from the American Council of Body Altering Aesthetics to provide Undergraduate, Graduate, and Doctoral degrees. These degree yielding programs were built from the foundational courses at Taime Out Sculpting Institute:

- Introduction to PostOp Indur
- Introduction to Body Contouring

"There's no going back. There's only forward."

- *Mikhail Gorbachev*

To honor the students of Taime Out Sculpting Institute and the TOSI Arise Program in this new forward educational progression, we developed an Accelerator Program that will allow you to earn your degree with TOSI University for a fraction of the cost and in a fraction of the time.

Taime Out Sculpting Institute Alum will take supplemental classes from the TOSI University Flagship programs to prep them to apply for CSL Therapy certification and licensure.

What are FlagShip Programs?

These are the classes that are being developed for the new wave of students, providers, and healthcare professionals to come for future generations and beyond.

TOSI UNIVERSITY FLAGSHIP PROGRAMS

Embark on a transformative academic journey with TOSI University's Flagship Programs – innovative and rigorous educational experiences designed to empower students for success in an ever-evolving world. Our Flagship Programs represent the pinnacle of educational excellence, providing an accelerated pathway to a comprehensive and well-rounded education. FlagShip programs at TOSI University are the full educational curriculum for the modalities of the Body Altering Aesthetics industry, teaching students everything they need to be successful without needing prior experience. FlagShip programs include basic and detailed Anatomy & Physiology, Biomechanics, Bioengineering, Theory & Industry Concepts, Practical Application, Case Study Review, Research, & Clinical Lab experience.

Program Features:

Accelerated Learning: TOSI University's Flagship Programs offer an expedited curriculum, allowing students to complete a traditional 4-year degree in less time based on individual studies and demonstrated competencies.

Individualized Study Plans: Tailored to each student's unique strengths and goals, our programs feature individualized study plans that foster personal and academic growth.

Competency-Based Education: Students engage in competency-based education, gaining a deep understanding of course material and showcasing their knowledge through assessments that emphasize practical application.

National Exam Preparation: Rigorous assignments and assessments prepare students for their National Exams, ensuring they are well-equipped to excel in their chosen field upon graduation.

Cutting-Edge Curriculum: TOSI University's Flagship Programs boast a curriculum at the forefront of industry trends, integrating the latest advancements and ensuring graduates are industry-ready.

Expert Faculty: Learn from accomplished and experienced faculty members dedicated to guiding students through their educational journey, providing mentorship, and facilitating a dynamic learning environment.

Amber Turner Business Academy

"One day you will tell your story of how you overcame what you went through and it will be someone else's survival guide." - Brene Brown

The Amber Turner Business Academy stands as an enduring tribute to the extraordinary life and unwavering spirit of Amber Turner, an exceptional entrepreneur whose journey was tragically cut short by a car accident in 2023. Amber was not merely a business innovator; she embodied a radiant force, an unapologetic dreamer, and a beacon of hope for everyone fortunate enough to cross her path. Her vivacious energy and profound belief in the untapped potential within each individual inspired those around her to transcend their doubts and embrace boundless possibilities. In honor of her indelible legacy, the Dollmakers Business Academy has been rechristened the Amber Turner Business Academy (ATBA).

About the Programs at ATBA

The Executive Programs at the Amber Turner Business Academy are meticulously crafted to empower entrepreneurs with the strategic acumen and leadership skills necessary to spearhead transformative changes within their practices. Tailored for professionals seeking to make executive-level decisions, these programs provide a comprehensive curriculum that encompasses advanced business strategies, innovative leadership methodologies, and in-depth industry insights.

Participants engage in immersive learning experiences, delving into case studies, real-world scenarios, and interactive simulations that mirror the challenges faced at the executive level. The curriculum covers a spectrum of topics, including strategic planning, financial management, organizational leadership, and effective decision-making. Renowned industry experts and successful business leaders

contribute as instructors, sharing their practical wisdom and experiences to inspire and guide program participants.

Upon completion of the Executive Programs, entrepreneurs are equipped not only with a robust knowledge base but also with the critical thinking skills necessary to navigate the complexities of the business world. Graduates emerge prepared to lead with confidence, make impactful executive decisions, and drive positive changes that elevate their practices to new heights of success. The Amber Turner Business Academy remains committed to nurturing the next generation of visionary leaders who will shape the future of the Body Altering Aesthetics Industry.

The ABTA Commitment

At the heart of our commitment lies the promise to preserve and perpetuate Amber's brilliance. We pledge to ensure that her light continues to illuminate the academy, fostering an environment of passion, resilience, and the fearless pursuit of dreams. The Amber Turner Business Academy is dedicated to providing impactful business courses, elaborate certifications, and empowering Executive Chief of Staff internships that reflect the ethos of a true visionary. Through our programs, we aim to instill the same drive and determination that characterized Amber's extraordinary journey, empowering aspiring entrepreneurs to carry forward her torch of light and make a lasting impact on the world.

TOSI Professor Guild

As you peruse through our academic catalog, we're thrilled to introduce a groundbreaking opportunity - the Professor Guild.

Imagine being part of an esteemed cohort, the Professor Guild, where selected applicants will unlock an educational license designed to impart the art of teaching within TOSI University's prestigious programs. This unparalleled opportunity is a chance to shape the minds of future [allied] healthcare professionals.

If chosen, you'll dive into an immersive virtual 8-week training program crafted with detail to equip you with the skills and expertise needed to educate aspiring minds. Your focus? Teaching the intricate and captivating realm of Body Biomechanics Science and Technology at the undergraduate level to our eager TOSI University college students.

This isn't just about teaching; it's about becoming an integral part of our academic legacy. As a Guild member, you'll play a commanding role in shaping the next generation of scholars and practitioners within our dynamic academic programs.

Picture yourself at the forefront of knowledge dissemination, inspiring and empowering students within a field that is constantly evolving. This opportunity allows you to make a lasting impact within our vibrant academic community.

Details about the Professor Guild

The primary purpose of the Guild is to cultivate skilled educators who will impart knowledge to future TOSI University students, particularly within the Body Biomechanics Science and Technology programs. In nurturing and training individuals within our established community, built over the last 5 years, we aim to foster a collective growth that aligns with TOSI University's commitment to academic excellence and innovation. This initiative holds immense significance as it ensures a continuum of expertise and fosters a symbiotic relationship between experienced professionals and aspiring scholars, further enriching our academic framework.

Professor Guild Programs offered at TOSI University

- TOSI Externship Bio-Mentor
- TOSI Lab Trainer
- TOSI CORE/University Professor

Professor Guild Programs

TOSI Externship Bio-Mentor:

The TOSI Externship Bio-Mentor certification, offered from the Amber Turner Business Academy and TOSI Care, is an immersive program designed for TOSI University alumni to guide + mentor undergraduate students pursuing their Bioengineering Externship requirements. As a TOSI Externship Bio-Mentor, participants coordinate, host, and supervise undergraduates, overseeing these students as they engage in practical learning experiences with local clients and surgeons within CSL Therapy's Bridge Program. This certified business diploma empowers mentors with the skills and knowledge essential to provide guidance, support, and supervision to budding TOSI body bioengineers, facilitating a transformative learning environment that fosters hands-on skill development, professional growth, and practical application of bioengineering principles within real-world settings. Graduates of this program emerge equipped with the expertise and mentorship capabilities necessary to facilitate impactful experiences for undergraduate students within the realm of bioengineering at CSL Therapy's Bridge Program.

Upon completion of your program, graduates will be able to host TOSI University Alumni students for a paid externship in all 3 Body Altering Aesthetics Modalities; Externships are 3-6 sessions with a current TOSI University enrolled student (sessions may also be done virtually if enrolled student is out of state; must have proper streaming equipment).

TOSI Lab Trainer

“Clinical labs” at TOSI University provide facilities within the academic institution affiliation where Science & Technology students engage in hands-on learning experiences after completing their didactic lecture for their chosen Educational Track. These labs are designed to simulate real-world clinical settings and provide students with practical training, experimentation, and skill development. In these labs, students will perform treatments, project hypotheses with case studies, conduct research, practice clinical bioengineering techniques, & analyze various trauma remodeling applications under the supervision of experienced certified professors.

The Certified Business Diploma for TOSI Lab Trainers is a specialized program that certifies educators to facilitate and instruct at TOSI University Clinical Labs in the confines of their established facilities. This comprehensive diploma equips participants with the necessary expertise and instructional techniques to effectively guide students through practical hands-on experiences in clinical settings. Through a curated curriculum, trainers gain in-depth knowledge and proficiency in creating immersive and impactful learning environments within these labs. The program focuses on honing educators' skills in supervising lab activities, fostering an engaging and conducive atmosphere for learning, and ensuring students' understanding and proficiency in protocol building, performing clinical sessions, and analyzing bioengineered responses. Graduates of this diploma emerge as qualified TOSI Lab Trainers, prepared to deliver high-quality and immersive educational experiences within clinical lab settings at TOSI University.

The 12 week program is conducted virtually and in person with current TOSI Lab Trainers who will guide you through perfecting how to host a TOSI Lab. After receiving your TLT Certificate, you will receive an Advanced Scholastic Trainers license with CSL Therapy good for 2yrs before renewal to teach any accredited courses in the Body Altering Aesthetics industry.

Upon completion of the program, graduates will be able to host micro-satellite TOSI Labs for anywhere from 2-8 TOSI Lab students and/or alumni. Schedules do not have to be preapproved; TLTs just have to follow along CSL Therapy AST Licensing criteria with assessments and evaluations. TLTs will also be required to attend quarterly TLT meetings.

TOSI CORE/University Professor

The TOSI CORE/University Professor Certified Business Diploma signifies the achievement and mastery of registrants in completing requisite coursework for instructing CSL Therapy Accredited CORE courses within the body altering aesthetics industry or TOSI University Undergraduate Science and Technology programs. This diploma not only acknowledges the comprehensive understanding of the core principles and practices in the field of body altering aesthetics but also encompasses foundational bioengineering classes essential for students pursuing their degrees at TOSI University. Graduates of this program demonstrate the expertise and competence required to guide students through essential CORE/University courses, ensuring a high standard of education and practical knowledge in this specialized domain. Moreover, this degree highlights the proficiency of registrants in delivering bioengineering fundamentals, laying a robust groundwork for aspiring students pursuing their academic journey at TOSI University.

This 8 week program will prepare you to adequately proctor TOSI CORE or University courses. After receiving your Professor Diploma, you will receive an Advanced Scholastic Trainers license with CSL Therapy good for 2yrs before renewal to teach any accredited courses in the Body Altering Aesthetics industry. Professors will also be required to attend quarterly meetings.

Upon completion of the program, graduates will be offered employment positions to teach CORE & University courses at TOSI University. Core Courses may be taught online, in-person, or hybrid format courses. Core Courses may be taught at any time by graduates-- with approval of TOSI University. Flagship Student University courses are taught on a fixed schedule during the regular Spring & Autumn Semesters.

Academic Programs of TOSI University

The Educational Programs at TOSI University are primarily conducted online, emphasizing collaborative learning through group forums, assignment submissions, and workbook projects. Originality and adherence to academic integrity are paramount, with projects and assignments required to attain a Grammarly originality score of 70% or higher. Students are expected to strictly adhere to the policies and regulations outlined in the TOSI University student manual.

Weekly virtual meetings via Zoom with professors facilitate discussions on current coursework, enabling students to seek clarification and address queries. Engaging in group discussions on Thursdays allows for collective exploration of diverse topics. Assignments are due by Sunday, 11:59 pm EST, to ensure consistent progression through the program.

The programs follow a hybrid model, necessitating in-person completion of clinical labs and externships. The recorded practicum, a critical component, is submitted virtually and expected to be completed by the culmination of Senior Week for each respective program. This blended approach combines online learning with practical hands-on experiences, ensuring a comprehensive educational experience for students at TOSI University.

Academic Programs offered at TOSI University

- Incisional Science & Technology (iMedic Program)
- Bachelors of Science in PostOp-Induration Sciences & Technology
- Bachelors of Science in Body Biomechanics Sciences & Technology

TOSI University Alumni Accelerated Undergraduate Degree Program: 16 week program
(NOTE: The Alumni Accelerated Program is for POI & BC only; it does not include Incisional. It also does not include Externships. Signature Alumni may pay for Flagship Externships out of pocket; this only applies to Signature Alumni.)

TOSI University is proud to introduce the Alumni Accelerated Undergraduate Degree Program exclusively designed for students who participated in the Original TOSI Arise Program; this includes BETA students who took the original one-on-one courses with the TOSI Founder in 2018-2020. As a testament to our commitment to our alumni community, this one-time program offers a unique opportunity to obtain a Bachelors of Science Degree, acknowledging their efforts, investments, and dedication.

Program Evolution and Accreditation

Over the past 5 years, TOSI University has continually evolved its Signature Postop-Induration Science and Technology program and Signature Body Contouring Biomechanics Trauma Remodeling program through multiple versions. Students who participated in these programs received complimentary access to updates and additional enrichments.

Through a rigorous accreditation process, our educational courses have transitioned to accredited Undergraduate degree programs, emphasizing our commitment to academic excellence and continuous improvement.

Program Details

The Alumni Accelerated Undergraduate Degree Program spans 16 weeks and is exclusively offered to Taime Out Sculpting Institute Alum. It presents an abbreviated course curriculum merging the newly accredited Undergraduate program with their prior studies through the TOSI Arise program, enabling alumni to attain their Bachelors of Science Degree in their chosen Body Altering Aesthetics academic track.

Registration and Enrollment

Interested students who have previously completed the Signature Program are encouraged to register for the Alumni Accelerated Undergraduate Degree Program to avail themselves of this exclusive opportunity. Payment Plans and financial aid are available.

This unique program reflects TOSI University's dedication to honoring our alumni's achievements and facilitating their academic growth within our evolving educational landscape.

Intro to PostOp-Indur Alumni Accelerator Course Curriculum

Prerequisite: CSL Precis

Prerequisite: TOSI Clinical Lab

POI Alumni Accelerator Course

Class 1 (1 week): BAA A&P, Kinesiology & Manual Forces

Class 2 (1 week): Incisional Science & Technology + Lymphatic trauma remodeling

Class 3 (1 week): General POI & Science Technology

Class 4 (2 weeks): The TOSI Method, Trauma Remodeling & Biohacking

Class 5 (3 weeks): Protocol Building, Concepts, Theories, & Analogies

- Class 6 (2 weeks): Compression Therapy
Class 7 (1 week): Plastic Surgery Procedures
Class 8 (2 wks): Pathology/Injury & Pharmacology
Class 9 (1 wk): Professional Communication
Class 10 (1 wk): Industry Ethics, laws, & business practices
Class 11 (1 week):
- Posturing & Positioning
 - KT Tape application course
 - (Turn in) Recorded Practicum
 - Final POI Test Exam

Intro to Body Contouring Alumni Course Curriculum

PreRequisite: CSL Precs

Prerequisite: TOSI Clinical Lab

Body Contouring Alumni Accelerator Course

- Class 1 (1 week): Body Evolutions
Class 2 & 3 (1 week):
- Biomedical Fundamentals & Biomechanical Theory
 - Lymphatic trauma remodeling course
- Class 4 (1 week): Variations— POBC vs NSBC
Class 5 (2 weeks): Patient Assessment & Client Education
Class 6 (2 weeks): TOSI Bioengineering Kinetics, Devices, & Emollient Pairing
Class 7 (2 weeks): Techniques and treatment Procedures
Class 8 (1 week): Compression Therapy
Class 9 (1 week): Supplements, Nutrition, & Pharmacology
Class 10 (1 week): Body Contouring adverse event management: Safety & Compliance
Class 11 (1 week): Body Aesthetics Psychology
Class 12 (2 weeks): Ethical, Legal, & Professional Development
Class 13 (1 week): End of Class
- (Turn in) Recorded Practicum
 - BC Biomechanics final exam

Associate Programs

Incisional Sciences & Technology (*STARTING SPRING SEMESTER 2025*)

Incisional Sciences (A.A.)

A major in Incisional Science at TOSI University revolves around the specialized study of surgical and postoperative care within the field of Body Altering Aesthetics. The Bachelor's program comprises a comprehensive 230-hour curriculum encompassing various domains inclusive of Anatomy Fundamentals, anatomy of surgical sites, and biomechanical factors affecting wound healing. Students also learn compression theory, protocol building, hygiene and sanitation parameters, and receive a phlebotomy certification. This major provides students with an in-depth understanding of human anatomy, tissue physiology, and biomedical health sciences essential for trauma remodeling recovery. It encompasses a comprehensive curriculum that explores wound assessment, connective tissue healing, disease management, safety protocols, and legal ethics in post surgical practices for clients Day 1-7 after cosmetic procedures. Graduates of this major are equipped with the knowledge and skills necessary to excel in performing Incisional post surgical treatments on clients who still have active incisions, ensuring proper wound care, managing postoperative complications, and adhering to ethical and safety standards within the Body Altering Aesthetics industry. This major enables students to pursue various career paths, including post surgical assistance, postoperative care coordination, iMedic services in the BAA industry-- maintaining compliance with legal and ethical standards in healthcare settings, or further specialization in advanced convalescent lymphatic techniques within the body aesthetics field.

CURRICULUM OUTLINE: 130 hrs

- I. Anatomy Fundamentals (15%): 25 hours
- II. Connective Tissue Physiology (15%): 25 hours
- III. Biomedical Health Sciences (15%): 25 hours
- IV. Disease and Safety (25%): 16 hours
- V. Allied Health and Body Systems (10%): 13 hours
- VI. Device & Equipment Integration, and technique (12%): 17 hours (clinical)
- VII. Legal, Ethical, & Professional Development (8%): 9 hours

Program Schedule:

CSL Therapy- Week 1: Hybrid, course self study during the week, meet online with teacher

- Course Code GENE-CNI101: CSL Novice Intensive (5hrs)
- Course Code IMED-SOP201: iMedic Scope of Practice (2hrs)
- Course Code IMED-CSL281: CSL Jurisprudence for iMedics (4hrs)

Kinetics- Week 2: Hybrid, course self study during the week, meet online with teacher

- Course Code IMED-CSL137: CSL Day 1-7 Gross morphology: What to expect (2hrs)
- Course Code TOSI-CSL138: CSL Therapy for Allied Health Professionals (2hrs)
- Course Code IMED-APK177: **Foundations of Human Movement: A&P Kinetics for iMedics (2hr)**
- Course Code IMED-VPA237: **Vascular Physiology: Vascularization & Angiogenesis of transected vessels & fat grafts (3hrs)**

Hematology- Week 3: Hybrid, course self study during the week, meet online with teacher

- Course Code IMED-TTS268: **Traumatology & Trauma Remodeling Skin (6hrs)**
- Course Code: TOSI-CHT236: **Clinical Hemoglobin Training for Allied Health Professionals (2hrs)**

Application- Week 3: Hybrid, course self study during the week, meet online with teacher

- Course Code TOSI-LTR116: Lymphatic trauma remodeling (3hrs)
- Course Code IMED-TTS268: **Traumatology & Trauma Remodeling Skin (3hrs)**
- Course Code: TOSI-CHT236: **Clinical Hemoglobin Training for Allied Health Professionals (2hrs)**

Safety- Week 4: Hybrid, course self study during the week, meet online with teacher

Course Code CSLC-CID256: **Communicable & Infectious diseases (3hrs)**

- Course Code GENE-FAC123: **First Aid & CPR (3hrs)**
- Course Code CSLC-CAC219: **Complications & Contraindications (4hrs)**

Convalescent- Week 5: Hybrid, course self study during the week, meet online with teacher

- Course Code CSLC-CCT155: **Comprehensive Convalescent Compression Training (7 hrs)**
- Course Code IMED-CSL222: **CSL Personal Protective Equipment & Sanitation training for iMedics (3hrs)**

Week 6 (In person)

- Course Code IMED-PHL293: **CSL Seroma Network certification & client practicals Incisional Clinical Lab (60 hrs)**
- Course Code CSLC-APS167: **Aspirating Seromas (9 hrs)**
- Course Code TOSI-HDT143: **Hand Database Techniques (1hr)**

Week 7: Hybrid, course self study during the week, meet online with teacher

- Course Code IMED-EPD134: **Ethics & Professional Development for iMedics (3)**
- Course Code IMED-MFM152: **Marketing Fundamentals for iMedics (2hrs)**

Week 8 (In person Monday-Saturday)

- Course Code TOSI-IME299: **Clinical Lab: iMedic Externship (3 clients with Bio-Mentor + Surgeon)**

Final Exam, evaluation, conferment

Undergraduate Programs

PostOp-Induration Sciences & Technology

PostOp-Induration Science & Technology (B.S., M.S.)

The Bachelor's & Master's of Science in Postoperative-Indur Science & Technology is a comprehensive program that prepares students to specialize in supporting patients' postoperative recovery after cosmetic and reconstructive surgeries through manual manipulations. It covers a wide range of knowledge and skills, including clinical modalities, anatomy, pharmacology, plastic surgery procedures, professional communication, industry ethics, and legal business practices. Graduates are equipped with the expertise needed to provide safe and effective postoperative-indur care, communicate effectively with patients, and adhere to ethical and legal standards in the field.

"Postop-indur" is a term used to describe the postoperative or post-surgery phase in medical contexts. "Postop" is an abbreviation for "postoperative," which refers to the period following a surgical operation. "Indur" is derived from "induration," a medical term describing the hardening of a tissue or organ due to inflammation, injury, or other pathological processes.

Together, "postop-indur" signifies the modality performed after surgery on clients from Day 8-week 8 where attention is given to managing the healing process, addressing potential complications, and promoting recovery in tissues affected by the surgical procedure. This term has a focus on therapies, treatments, & practices aimed at minimizing induration & tissue hardening in the postoperative period.

TOSI University's Bachelor of Science PostOp-Indur science degree includes an iMedic certified medical diploma certification and phlebotomy license.

A Bachelor's (B.S.) and Master's (M.S.) degree program in this field focuses on providing comprehensive education in device integration, protocol development based on real-time patient presentations, and medical case study analysis and interpretation.

Students pursuing these degrees gain a deep understanding of integrating various medical devices into healthcare systems, ensuring seamless communication and efficient data transfer among different technologies used in treatment sessions on clients after plastic surgery.

These degrees train students to create protocols and procedures tailored to individual patient needs by closely observing and analyzing real-time clinical presentations. This involves using data from medical devices, patient history, symptoms, and diagnostic information to develop customized protocols that optimize patient care and treatment outcomes.

The TOSI Method POI Clinician Program: 1916 hours

- I. CSL Modalities, Techniques, And Manual Forces (40%): 725 hours
 - II. Applied Science: A&P, Kinesiology, Pathology/Injury, & Pharmacology (20%): 310 hours
 - III. Plastic surgery procedures (15%): 229 hrs
 - IV. Professional Communication (10%): 167 hrs
 - V. Industry Ethics (10%): 163 hrs
 - VI. Laws & Business Practices (5%): 75 hrs
-

PreReq: CSL Precis

- Class 1: BAA A&P, Kinesiology & Manual Forces (5 wks)
- Class 2: Incisional S&T + Lymphatic trauma remodeling (6 wks; iMedic wk 6+8 included here)
- Class 3: General POI & Science Technology (2 wks)
- Class 4: The TOSI Method, Trauma Remodeling & Biohacking (3 wks)
- Class 5: Protocol Building, Concepts, Theories, & Analogies (3 wks)
- Class 6: *In-Person POI Clinical Lab (may register for Clinical Lab any time after completing class 5 at a Hub or a Satellite location; must be completed to apply for graduation)*
- Class 7: Compression Therapy (2 weeks)
- Class 8: Plastic Surgery Procedures (2 wks)
- Class 9: (Completed upon availability* with Surgeons and the Bridge Program; *may register anytime after Class 8*) Externship
- Class 10: Pathology/Injury & Pharmacology (3 wks)
- Class 11: Professional Communication (3 wks)
- Class 12: Industry Ethics, laws, & business practices (2 wks; iMedic wk 7 included here)
- Class 13: Senior Week (1 week)
 - Apply for CSL Therapy Certification & Licensure
 - Posturing & Positioning
 - KT Tape application course
 - (turn in) Recorded Practicum due to CSL Therapy
 - Final POI Test Exam
- Class 14: Distribution Requirement** (2 weeks)
- Class 15: QRD Research Requirement (5 weeks)

**Note: Students must apply for graduation upon completing their Distro Req

Body Biomechanics (Body Contouring) Sciences & Technology

PostOp Body Contouring + Nonsurgical Body Contouring Biomechanics (B.S., M.S.)

The Bachelor's (B.S.) and Master's (M.S.) degrees in PostOp Body Contouring (POBC) and Nonsurgical Body Contouring (NSBC) Biomechanics provide an in-depth education in bioengineering body contouring techniques for clients who have undergone postoperative procedures as well as those seeking noninvasive body enhancements, being versed in both separate approaches respectively and fluently.

Students enrolled in this Major gain comprehensive knowledge and skills in specialized body biomechanics modalities tailored for clients at least 8 weeks post-surgery. POBC involves precise biomechanical techniques aimed at refining surgical body contours using a unique approach that capitalizes on the remodeled tissue's higher moldability after trauma, distinguishing it from NSBC. NSBC, on the other hand, utilizes bioengineering methods to transform tissue without surgical intervention.

The curriculum covers a wide array of topics including localized adipose tissue reduction, skin retraction, cellulite reduction, and enhancement of skin integrity through noninvasive treatments. Sessions involve a series of meticulous steps, the specifics of which vary based on the chosen techniques and devices employed.

Students are trained extensively in device integration, constituting 80% of the sessions, where they learn to effectively incorporate cutting-edge technologies into their practice. The remaining 20% focuses on manual manipulation and hand kinetic palpations, allowing students to develop precise and skillful techniques for achieving desired body contouring results.

Upon completion of the B.S. and M.S. degrees in POBC + NSBC Body Biomechanics, graduates are equipped with the expertise to offer specialized body contouring treatments, blending postoperative biomechanics and noninvasive techniques to deliver tailored solutions for clients seeking body aesthetic enhancements.

The TOSI Method POBC/NSBC Body Biomechanics Program: 1166 hours

- I. Biomedical Fundamentals & Theory (20%)
- II. Body Evolutions (10%)
- III. Patient Assessment and Client Education (15%)
- IV. Body Contouring adverse event management: Safety & Compliance (10%)
- V. Bioengineering trauma remodeling Techniques and treatment Procedures (25%)
- VI. Body Aesthetics Psychology (12%)
- VII. Ethical, Legal, & Professional Development (8%)

PreRequisite: CSL PreciS

Class 1: Body Evolutions (1 week)

Class 2 & 3: Course combo: (4 weeks)

- Biomedical Fundamentals & Biomechanical Theory
- Lymphatic trauma remodeling course

Class 4: Variations: POBC vs NSBC (4 weeks)

Class 5: Patient Assessment & Client Education (2 weeks)

Class 6: TOSI Bioengineering Kinetics, Devices, & Emollient Pairing (2 weeks)

Class 7: Techniques and treatment Procedures (4 weeks)

Class 8: *In-Person BC Clinical Lab (may be taken any time after completing class 7 at a Hub or a Satellite location; must be completed to apply for graduation)*

Class 9: (Completed upon availability*) BC Biomechanics Externship Prep* (1 week)

Class 10: Compression Therapy (2 weeks)

Class 11: Supplements, Nutrition, & Pharmacology (3 week)

Class 12: Body Contouring adverse event management: Safety & Compliance (2 weeks)

Class 13: Body Aesthetics Psychology (3 weeks)

Class 14: Ethical, Legal, & Professional Development (3 week)

Class 15: Senior Week

- Turn in Recorded Practicum
- Final POBC/NSBC Test Exam (1 week)

Class 16: Distribution Requirement** (2 weeks)

Class 17: QRD Research Capstone: (5 weeks)

**Note: Students must apply for graduation upon completing their Distro Req

Externships

Experience in the Body Altering Aesthetics industry is integral to a comprehensive education. TOSI Externships provide students with invaluable real-world exposure, fostering skill refinement and confidence under the mentorship of seasoned medical practitioners. These programs offer hands-on opportunities for students to refine their techniques, integrate devices, build protocols, and manage workflow while working directly with clients matching their field of study. Unlike traditional approaches, where practice often begins post-graduation, our Externships empower enrolled students to engage with real clients, aligning theoretical learning with practical application. Within this structured environment, students receive guidance and mentorship not only from their educators but also from respected professionals including alumni, surgeons, nutritionists, and mental health therapists. TOSI Externships pave the way for a seamless transition from classroom knowledge to professional practice, ensuring a holistic and hands-on learning experience throughout their academic journey.

How the TOSI University Externship program works

Upon enrollment in their chosen program, students collaborate with their academic administrator to initiate the TOSI University Externship. Coordinated with surgeons associated with the Bridge Program in their state and supported by TOSI University Externship Bio-Mentors, these externships offer diverse practical experiences. Surgeons participating in the Bridge Program aim to bridge surgical care gaps in collaboration with the CSL Therapy Organization.

The Externship program encompasses four specialized types: Incisional, POI Clinician, POBC, and NSBC. Each type aligns with specific client scenarios, contributing to Biomechanics requirements within the programs. Incisional Science & Technology students work with clients during the postoperative period from day 1 to day 7 of their cosmetic self-care journey. PostOp-Indur Clinician program students engage with clients from day 8 to week 8 post-operation. POBC students interact with clients 2-6 months post-surgery, while NSBC students engage with individuals who have not undergone any prior surgery.

Participation by clients is voluntary, contingent upon short-term insurance coverage. Students receive support from TOSI University Externship Bio-Mentor Graduates who oversee and authenticate their graded Externship sessions. Incisional Science & Technology externship students undergo 3 graded sessions, while POI, POBC, and NSBC externship students complete 6 graded sessions.

In the event of client unavailability, academic coordinators assist in finding suitable replacements, ensuring timely program completion. It's important to note that unforeseen circumstances such as client illness or surgery cancellations may lead to rescheduling and potential delays. Successful completion of all externship requirements is mandatory for graduation, and students must fulfill these obligations irrespective of unforeseen circumstances. This comprehensive Externship program serves as an important practical component enhancing students' educational journey within their chosen programs at TOSI University.

The Externships take place in various settings, including the Bio-Mentor's office, the surgeon's office (if space permits), the student's medical facility (if accessible), or the client's residence. If conducted at the client's place, the student must sign a waiver affirming compliance with CSL Therapy's accredited care standards. This acknowledges the implementation of necessary measures to convert the residential area into a medically safe environment adhering to CSL Therapy's established standards for domiciliary spaces in the field. Each session will range between 60-75 min of hands on body work, with proper documentation of client treatments and evaluation via SOAP notes, and recording for submission to Bio-mentor (if applicable).

Participation in the TOSI Externship program is exclusively reserved for current students enrolled in TOSI University's accelerated Undergraduate Degree program. Regrettably, TOSI University Alumni, part of the accelerated Undergraduate Degree program, do not have access to the TOSI Externship program as part of their alumni privileges. However, Alumni interested in engaging in the TOSI Externship Program have the option to enroll separately, subject to payment for the Externship. Upon enrollment, assigned Academic Coordinators will provide guidance and support with scheduling. Flexible payment plans are available for enrolled individuals.

Again, the opportunity to participate or add an Externship is limited to Alumni who have completed the Signature Program at Taime Out Sculpting Institute exclusively. No applications for Externship participation from other sources or institutions will be considered or accepted.

For more information about Externships, please see the TOSI University Academic Advisor Manual.

Clinical Labs at TOSI University

Clinical Labs at TOSI University serve as a transformative bridge between theoretical knowledge gained in lectures and real-world application. These labs are designed to refine students' critical thinking abilities and allow them to apply trademarked techniques such as Body Braille, refine client presentations in real-time, and develop effective treatment plans with competence in various protocols. Students engage in a comprehensive range of skills enhancement including body mechanics, draping, tableside flow, breath control, device integration, and emollient pairing, among other essential practices.

Operating as an essential component of the practical learning experience, TOSI University's Clinical Lab caters to students pursuing healthcare, medical, and related fields. Equipped with cutting-edge facilities, advanced technologies, and specialized equipment, the Clinical Lab provides a supervised environment for hands-on training, research, and immersive learning.

Students are granted a 12-month window from their enrollment to attend a TOSI Clinical Lab, and graduation application is contingent upon the completion of these labs. The Labs are available at designated Hub locations in Maryland or Atlanta, led by founding TOSI Lab trainers, accommodating 8-16 students with comprehensive equipment. Alternatively, students can opt for smaller Satellite locations worldwide, offering a more intimate setting for classes ranging between 2-6 students and allowing for flexible scheduling. Regardless of the chosen location, the educational quality and information remain consistent, ensuring a uniform educational experience.

At TOSI University, students have the opportunity to revisit Clinical Labs by paying a rebook fee of only \$350. This allows them to attend any available TOSI Lab at their convenience and subject to scheduling availability. Revisiting Labs offers students and alumni the chance to refresh their skills, stay updated with industry practices, and network with professionals worldwide.

Please note that scheduling accommodations for TOSI Labs require a minimum 48-hour notice to ensure availability and appropriate arrangements.

TOSI University Final Test Exams

TOSI University's Final Test Exams are comprehensive assessments crafted to gauge students' understanding and assimilation of the entire educational curriculum. These online exams constitute a culmination of the semester's learning journey, encompassing a diverse array of subject matter from the program's initiation to its conclusion.

The Final Test Exams are structured as a blend of question types to ensure a holistic assessment. Students can expect a diverse range of question formats, including multiple-choice questions, fill-in-the-blanks, short-answer questions, and scenario-based inquiries. The multiple-choice section, a prominent aspect of the exam, challenges students with a series of thoughtfully crafted questions. These questions encompass a wide spectrum of topics covered throughout the program, testing students' knowledge, comprehension, and application of concepts taught in lectures, discussions, and coursework.

Students undertaking the exam are provided a maximum of 2 hours to navigate through the comprehensive set of questions. To successfully graduate, students must achieve a minimum score of 80%. This stringent passing requirement underscores the importance of a thorough understanding of the curriculum, ensuring graduates possess the requisite knowledge and competence in their respective fields.

It is essential to note that successful completion of the Final Test Exam is an indispensable criterion for graduation, compelling students to demonstrate proficiency across the breadth of the program's subject matter. Therefore, students must achieve the stipulated passing grade before they can apply for graduation, marking an essential milestone in their academic journey at TOSI University.

Conducting Research

At TOSI University, conducting research stands as a cornerstone in propelling advancements within the Body Altering Aesthetics industry and advancing the cause of public safety. Recognizing the pivotal role research plays in bridging gaps in surgical care, the university emphasizes the critical need for comprehensive research initiatives.

Students at TOSI University are integral contributors to fostering this transformative research landscape. Each student is mandated to undertake and submit an original research study for publication as a requirement for graduation from the Undergraduate Programs. This imperative serves as a testament to the university's commitment to fostering innovation and shaping the future of surgical healthcare.

The research undertaken by students transcends conventional academic requisites; it represents a collaborative effort to address the lacuna in surgical healthcare research worldwide. By engaging in rigorous research endeavors, students are equipped with a profound understanding of the complexities within the field, enabling them to become catalysts for change and progress.

It's important to note that while this requirement is mandatory for students in the Undergraduate Programs, it does not extend to Associate programs such as The Maven Coordinator or the Incisional Sciences & Technology programs. Nevertheless, the emphasis on research within the Undergraduate Programs underscores the university's dedication to instilling a culture of academic excellence and innovation among its students.

TOSI University views research as a fundamental driver for transformation, propelling the Body Altering Aesthetics industry toward heightened standards of safety, efficacy, and ethical practices. Through rigorous inquiry and scholarly contributions, students emerge not just as graduates but as ambassadors spearheading the evolution of surgical healthcare.

Distribution Requirement

A Distribution Course at TOSI University serves as an essential component aimed at broadening students' expertise in vital areas of personal and professional development within the Body Altering Aesthetics industry. These courses—Behavioral Health Studies,

Communications, and Professional Development—are designed to equip students with specialized skills, fostering their growth as professionals in the field.

Each course introduces comprehensive insights essential for a well-rounded professional in the industry. Students will select from one of the following to fulfill their Distribution Course requirement:

Behavioral Health Studies (TOSI-BHS191):

This course delves into the realm of behavioral psychology and productivity enhancement. Through the book "Awaken to your Strongest Self," students learn a groundbreaking four-step program to break self-destructive habits, boost productivity, and tap into their peak performance potential. The objectives focus on empowering decision-making skills by activating the brain's Executive Organizing Function and fostering coping strategies to manage stress, resolve conflicts, and replace unproductive habits with constructive choices. This equips students to enhance their decision-making capacity and personal growth within their professional journey.

Communications (TOSI-CMM192):

This course concentrates on mastering persuasive communication and influential messaging. Using "Communicate to Influence: How to Inspire Your Audience to Action," students explore the Decker Method, refining their ability to craft messages that resonate and motivate audiences to take action. The course objectives emphasize honing persuasive communication skills, refining presentation techniques encompassing body language and engaging storytelling, enabling students to captivate audiences and drive desired actions through impactful communication.

Professional Development (TOSI-PDC193):

This course centers on leveraging LinkedIn for comprehensive professional growth. "Maximum Success with LinkedIn" guides students on harnessing the platform's features effectively. The objectives revolve around optimizing LinkedIn as a strategic networking tool, building a powerful personal brand, expanding market reach, and unlocking career opportunities. Students learn how to strategically network, establish a global brand presence, and capitalize on

LinkedIn's potential to create impactful connections, essential for achieving maximum professional success.

Engaging with these Distribution Courses, students gain a multifaceted understanding of behavioral health, persuasive communication, and professional networking strategies. These invaluable skills and insights not only augment their personal growth but also fortify their capabilities as dynamic professionals within the evolving landscape of Body Altering Aesthetics.

QRD Research Capstone Project Requirement

The Quantitative Reasoning with Data (QRD) Research Capstone at TOSI University stands as a critical requirement for students pursuing academic excellence in the body altering aesthetics industry. This groundbreaking component offers students a choice between advanced courses, each tailored to equip them with specialized skills essential for conducting influential research within their field of study.

QRD Courses Overview:

A. Advanced Statistical Analysis in Biomedical Research (TOSI-QRD164):

This course focuses on advanced statistical methodologies and data analysis specific to aesthetic procedures, post-operative care, and patient outcomes. Through practical application and hands-on exercises, students master rigorous statistical analysis and develop research papers for publication.

B. Clinical Research Methodology in Aesthetic Medicine (TOSI-QRD165):

This course immerses students in clinical research methodologies concerning aesthetic procedures and patient outcomes. Students learn research design, ethical considerations, data collection, and analysis, culminating in comprehensive research submissions to scholarly journals.

C. Data Mining and Analysis in Cosmetic Surgery Outcomes (TOSI-QRD166):

Students delve into the methodologies of data extraction, analysis, and interpretation within cosmetic surgery outcomes. This course emphasizes data mining techniques, statistical analysis, and independent research submissions for academic publications.

D. Epidemiological Research in Aesthetic Treatments and Procedures (TOSI-QRD167):

Focused on analyzing complications and conditions associated with aesthetic treatments, this course equips students with epidemiological methodologies. They conduct research studies and submit papers addressing industry-related ailments for publication.

E. Biostatistics and Research Design in Plastic and Reconstructive Surgery (TOSI-QRD168):

This course delves into biostatistics and research methodologies specific to plastic and reconstructive surgery. Students design and execute research studies, analyze data, and prepare comprehensive research papers for publication.

These QRD courses guide students through the entire process of conducting independent research studies, analyzing data, and submitting comprehensive papers for publication in reputable academic journals. By engaging with these courses, students develop a profound understanding of research methodologies, data analysis, and ethical considerations within the body altering aesthetics industry. This immersive experience serves as a stepping stone, empowering students to contribute substantively to the industry's knowledge base and bridging critical gaps in surgical care through rigorous research and analysis.